Crochet Hand Warmers

PATTERN

Cosy forest green wrist warmers with cream ribbed cuffs, a neat thumb hole and a little wooden button - a quick one-evening winter make for beginners.



The finished hand warmers: forest green with cream ribbed cuffs and wooden buttons.

Finished size	Adult medium: wrist about 17 cm (6.75 in) around, 18 cm (7 in) long	**Skill level**	Beginner
Time	About 2 to 3 hours for the pair	**Terms**	US crochet terms

These wrist warmers keep your hands warm while your fingers stay free for your phone, your coffee cup or your crochet hook. The cuff is a simple back-loop rib worked flat and seamed into a ring, then the body is worked in the round with one easy chain gap for the thumb. Make the pair in forest green like ours, or try mustard, dusty rose or charcoal for a matching winter wardrobe.

Materials

- Worsted-weight (#4) yarn in **forest green**, approx. 100 g / 180 m - body
- Worsted-weight (#4) yarn in **cream**, approx. 50 g - ribbed cuffs
- 5 mm (US H-8) crochet hook
- Yarn needle, scissors, tape measure, 2 stitch markers
- 2 wooden buttons, about 2 cm across (1 per warmer)

Abbreviations (US Terms)

ch	chain	**sl st**	slip stitch
sc	single crochet	**hdc**	half double crochet
BLO	back loop only	**st(s)**	stitch(es)
rnd	round	**FO**	fasten off

Size & gauge: 14 hdc and 10 rows = 10 cm (4 in) with a 5 mm hook. This pattern fits an adult medium hand (wrist about 17 cm / 6.75 in, palm about 19 cm / 7.5 in). The ribbed cuff stretches, so it

also fits slightly smaller or larger wrists. To make a bigger warmer, add 2 cuff rows and 2 stitches around the body; to make a smaller one, work 2 fewer cuff rows and 2 fewer body stitches.

Cuff (cream) - make 2



Step 1 - measure your wrist and chain the cuff foundation.

Measure around your wrist where the cuff will sit, then subtract about 1 cm - the ribbed cuff is worked slightly snug because it stretches as you wear it.

Row 1: Ch 11. Hdc in the 2nd ch from the hook and in each ch across. **[10]**

Rows 2-28: Ch 1, turn. Hdc in the BACK LOOP ONLY of each st across (27 rows). **[10]**

Fold the cuff in half with the right side out and slip stitch the two short ends together to form a ring. Turn the ring so the seam sits at the inside of your wrist, where it will be least visible.



Step 2 - the cream ribbed cuff, worked in back-loop-only rows.

Body (forest green)



Step 3 - the forest green body worked in rounds from the cuff.

Work Rnds 2-8 until the body measures about 7 cm (2.75 in) tall from the top of the cuff and reaches from your wrist to just below your knuckles.

Rnd 1: Join green yarn at the seam. Ch 1, hdc in the end of each cuff row around, sl st to join. **[28]**

Rnds 2-8: Ch 1, hdc in each st around, sl st to join (7 rounds). **[28]**

Try the warmer on before the thumb hole: it should sit comfortably with the top edge just below your knuckles.

Thumb Hole



Step 4 - the thumb hole gap, marked with stitch markers.

Place a stitch marker at each side of the gap so you can find it easily on the next round. For the second warmer, mirror the thumb hole so it sits on the other side: hdc 2, ch 6, skip 6, hdc 20. That gives you a proper left and right pair.

Rnd 9: Ch 1, hdc in the next 20 sts, ch 6, skip the next 6 sts, hdc in the last 2 sts, sl st to join. **[28]**

Rnd 10: Ch 1, hdc in each hdc and in each of the 6 chs around, sl st to join. **[28]**

Rnds 11-14: Ch 1, hdc in each st around, sl st to join (4 rounds). **[28]**

Rnd 15: Ch 1, sc in each st around, sl st to join. **[28]**

The single crochet round gives the top edge a firm, tidy finish that will not roll.

Thumb Trim



Step 5 - the top edging and the wooden button on the cuff.

Rnd 1: Join green yarn at the bottom of the thumb opening. Sc evenly around the opening: 6 sts along the chain edge and 6 along the skipped stitches. **[12]**

Rnd 2: Sc in each st around. **[12]**

This frames the hole cleanly and stops it stretching out of shape.

Buttons & Finishing



Step 6 - the finished pair, ready to wear.

Fasten off the green yarn and weave in the end on the inside of the warmer. Thread the yarn needle with a length of cream yarn and sew one wooden button onto the outside of each cuff, stitching through each buttonhole twice so the button sits flat. Weave in every remaining end, then try both warmers on together.

The warmers should hug your wrist without pinching, and your thumb should slip through the hole without pulling. Wear them around the house for an evening first: the yarn relaxes a little with wear, and the fit settles after the first hour.

3 Tips for Perfect Hand Warmers

1. Try them on as you go. Check the cuff fit after the cuff is seamed and the body length after Rnd 8 - adding or removing one round mid-project takes two minutes.

2. Keep your tension relaxed. Worsted yarn shows tight stitches as stiff ridges. If your hands tire, go up to a 5.5 mm hook and the warmers will feel softer.

3. Mark the thumb hole. A stitch marker on each side of the gap saves you from counting twice on Rnd 10, and it makes mirroring the second warmer easy.

Happy crocheting! Make one pair for yourself, then a few more in other colours - these warmers are the handmade gift everyone actually wants.